

The Cause

The National Lung Cancer Partnership is the only lung cancer advocacy organization founded by physicians and researchers working together with survivors and advocates to increase lung cancer awareness and research funding.

The *Free to Breathe*® events raise public awareness of lung cancer in communities across the nation and the proceeds support vital lung cancer research, public awareness, and education programs.



National Lung Cancer Partnership
RESEARCH. AWARENESS. CHANGE.

Lung cancer is the #1 cancer killer of American men and women;

it kills more people than breast, prostate, colon, liver, kidney and melanoma cancers COMBINED.

Lung cancer kills almost twice as many American women as breast cancer annually and three times as many men as prostate cancer.

1 in 13 men and 1 in 16 women will get lung cancer in their lifetimes.

You can help change these numbers!

"Free to Breathe gave me a sense of strength and promise that I have never felt."

– Rebecca R.

"I am glad to be a part of something so healing."

– Chris N.

"I no longer think about surviving. I only think about living. I walked the Free to Breathe event to show others that lung cancer is survivable."

– Marlin K.

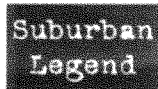
A very special thanks to our sponsors:

Silver Sponsor:



Care you can believe in.®

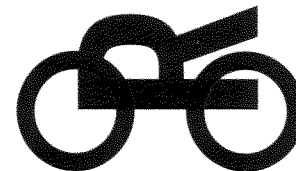
In-Kind Sponsors:



V / GLADIEUX ENTERPRISES, INC.

Lung cancer is the #1 cancer killer of both men and women in the U.S.

You can help change this.



Free to Breathe

5K

FREE TO BREATHE® | LUNG CANCER
5KRUMBLERUN09

Toledo, OH

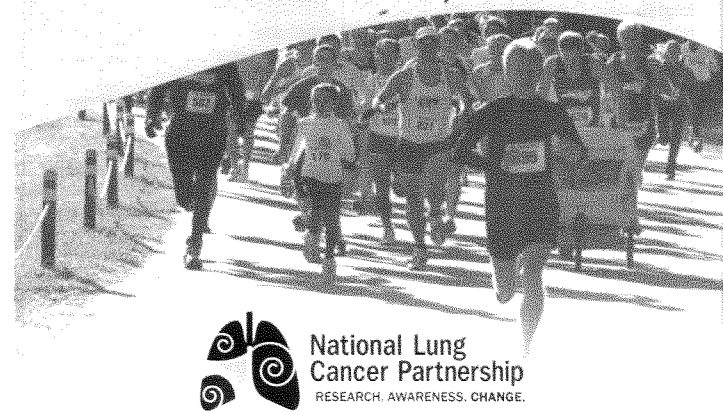
MOTORCYCLE RIDE &

5K and **1Mi**
RUN/WALK WALK

August 29, 2009

10:00am Motorcycle Ride

11:00am 5K Run/Walk



National Lung Cancer Partnership
RESEARCH. AWARENESS. CHANGE.

With your help, we can all breathe easier.

For sponsorship opportunities please contact:

Louann Cummings, Local Event Organizer

cummings@findlay.edu

or

Jackie Ford, Development Manager

Jackie@NationalLungCancerPartnership.org | 608-233-7905

Toledo, OH



Registration is also available online at www.FreetoBreathe.org.

Complete this form and mail it with your credit card information, or enclose check(s)/money orders payable to **Free to Breathe**.

Please write Free to Breathe Toledo in the memo.
Please send completed registration forms and payment to:
National Lung Cancer Partnership
222 N. Midvale Blvd., Suite 6
Madison, WI 53705

Name _____

Street Address _____

City _____ State _____ Zip Code _____

E-mail Address _____

Phone _____

Gender Male Female

Age on Race Day _____ Date of Birth _____

Free to Breathe: Event Bike Driver Bike Passenger

5K Runner 5K Walker 1 Mile Walker Child Runner/Walker

I will participate Individually With a team

Team Name (optional) _____

T-Shirt Size Adult Youth / S M L XL XXL

I am a lung cancer survivor.

Please submit a separate form for each applicant. Photocopies are acceptable.

<i>Free to Breathe</i> Fees	Bike Driver	Bike Passenger	Runner/ Walker	Child Runner/ Walker
Online (closes August 26)	\$25	\$10	\$25	\$10
Mail-in (closes August 24)	\$28	\$13	\$28	\$13
Event day (August 29)	\$30	\$15	\$30	\$15

Registration Fee \$ _____

Additional Donation Amount \$ _____

Total \$ _____

I am paying by Check Cash Visa MC AMEX Discover

Name on Card _____

Card Number _____

Expiration Date _____

CVC code (last 3 digits on signature strip or 4 digits on front right of AMEX) _____

Billing address (if different from above) _____

How did you hear about this event? _____

Race Waiver

I, the undersigned, know that the event I am entering carries the risk of personal injury or damage. I know that a running event requires training, and I certify that I am physically fit for this event. I know that the motor cycle rally and concert portion of the event may carry risks to my personal safety and health. I hereby waive and forfeit all rights I may have to file suit or make claims against National Lung Cancer Partnership, *Free to Breathe* Lung Cancer 5K, the Rumble Run or Signature Harley-Davidson in Perrysburg and the directors thereof, the City of Perrysburg, OH, any other sponsoring organizations, and all persons connected with this event on August 29, 2009 for injuries I may suffer at this event. I understand that no refunds can be made if the event is canceled due to weather conditions or other circumstances beyond the control of the organizers. I also understand that strollers are allowed only on the walking course but that head phones, roller blades, bicycles and dogs are not allowed in the run or walk and will abide by this guideline.

_____ Date _____

Signature (signature of parent/guardian if participant is under 18)

Unsigned entries will be returned.

This is the first of its kind *Free to Breathe* Rumble Run. The combined motorcycle ride and *Free to Breathe* 5K Run/Walk and 1 Mile Walk provides an opportunity for lung cancer advocates, survivors, and the community to come together to raise awareness and support to fight this disease. All proceeds from this event will benefit the National Lung Cancer Partnership's research, education, and awareness programs.

Date: August 29, 2009

Location/Address: **Motorcycle Ride**
Signature Harley-Davidson
1176 Professional Drive
Perrysburg, OH 43551

5K Run/Walk and 1 Mile Walk
Perrysburg Junior High School
550 E. South Boundary Street
Perrysburg, OH, 43551

Registration Times: Motorcycle Ride - 8:30am
5K Run/Walk & 1 Mile Walk - 9:30am

Start Times: Motorcycle Ride - 10:00am
5K Run/Walk & 1 Mile Walk - 11:00am
Post ride/race festivities until 2:30pm

Registration Fees/Deadlines:

Bike Driver: \$25 online - \$28 mail-in - \$30 event day
Bike Passenger: \$10 online - \$13 mail-in - \$15 event day
Runner/Walker: \$25 online - \$28 mail-in - \$30 event day
Child Runner/Walker, 12 & under: \$10 online - \$13 mail-in - \$15 event day

Online registration at www.FreetoBreathe.org closes on August 26, 2009.
Mail-in registration closes on August 24, 2009.

Parking

Parking is available at Perrysburg Junior High School, 550 E. South Boundary Street, Perrysburg, OH 43551. Participants can then walk to the Signature Harley-Davidson parking lot for the motorcycle ride and post ride/race festivities.

Asking friends, family, neighbors and co-workers to join you for *Free to Breathe* makes fundraising and participating in the event that much more enjoyable! Form your team online today at www.FreetoBreathe.org.

As soon as you register, you'll have access to our online fundraising tools, which make fundraising easier and more convenient than ever! A fundraising incentive will be given to all individuals who raise more than \$1,500 for National Lung Cancer Partnership. Fundraising pledge forms and steps for setting up an online fundraising page are available at www.FreetoBreathe.org.

The motorcycle ride begins in Perrysburg, goes through downtown Toledo, and finishes with a scenic trip through the countryside. Upon conclusion, riders, runners, and walkers will gather for a celebration bash in the Signature Harley-Davidson parking lot! Hometown favorite classic rock & roll band, Suburban Legend, will perform live until 2:30pm. Registration fee includes this free party, food, and soft drinks. Beer will be available for sale.

The run and walk starts and finishes at the Perrysburg Junior High School. The flat course winds through beautiful Perrysburg neighborhoods and Woodland Park. Entertainment will be enjoyed en route. Water and restrooms will be available at the park.

The 5K run will be timed. T-shirts are guaranteed to all pre-registered participants. There will be awards for the top 3 males and females in each age division and the top overall male and female.

For questions about the event or for sponsorship opportunities, please contact:
Louann Cummings, Local Event Organizer, at cummings@findlay.edu or Jackie Ford, Development Manager, National Lung Cancer Partnership Jackie@NationalLungCancerPartnership.org, 608-233-7905

For more details about the event, please visit www.FreetoBreathe.org.

Visit www.FreetoBreathe.org to learn more, register, or donate.